



## **PSY100H1F: Introductory Psychology**

### **Section L0101, Fall 2017**

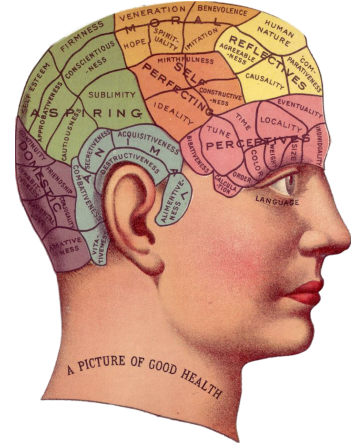
**Tues 11am-12pm & Thurs 11am-1pm, Convocation Hall**

Welcome to PSY100! This is the course - and Con Hall is the place - where I first fell in love with psychology, and I hope that you will too. Psychology is the scientific study of thought and behaviour. It is an incredibly diverse discipline, as psychologists study an amazing array of topics (e.g., memory, emotion, prejudice) from a broad range of different perspectives (e.g., biological, sociocultural). This course is intense, because you will be introduced to many new concepts within a relatively short (i.e., 12 week) time-frame. You will be expected to keep up with the reading and to learn a lot of the material independently. However, myself and the course TAs are always here to help. The interactive textbook and homework are also designed to keep you on track – you can read more about that below!

**Prerequisites:** None

**Distribution Requirement:** Science

**Breadth Requirement:** Thought, Belief and Behaviour (2)



**MAIN COURSE EMAIL ADDRESS:** [psy100@psych.utoronto.ca](mailto:psy100@psych.utoronto.ca)

***\*\*Please review section on “Email Communication” before you send an email\*\****

### **Instructor: Professor Ashley Waggoner Denton**

(most students call me “Dr. Denton” which is fine with me!)

Office: ES 2146 (south end of the Earth Sciences Building, 33 Willcocks St.)

Phone Number: (416) 978-3020 (Please do not leave a voicemail if you have *also* sent me an email. Also please note that this is a landline - if you send me a text message, I will be unable to respond!)

About Me: I received my BSc (Psychology Research Specialist Program) from U of T in 2006. After taking a year off (which I highly recommend!) I began my graduate program at Indiana University, and I received my PhD in Social Psychology (with a minor in Statistics) in 2012. That same year, I joined the faculty in the Psychology Department here at U of T, where I am currently an Assistant Professor, Teaching Stream. I conduct research on a variety of topics that combine my two major interests: social psychology and teaching/learning. I live with my husband and our three year old twins and work very hard at maintaining a healthy, balanced life.

### **Teaching Assistants**

Lead TA: Joan Ngo

Other TAs: Elizabeth Cox, Nick Diamond, Bryan Hong, Julia Sato, Gaqi Tu

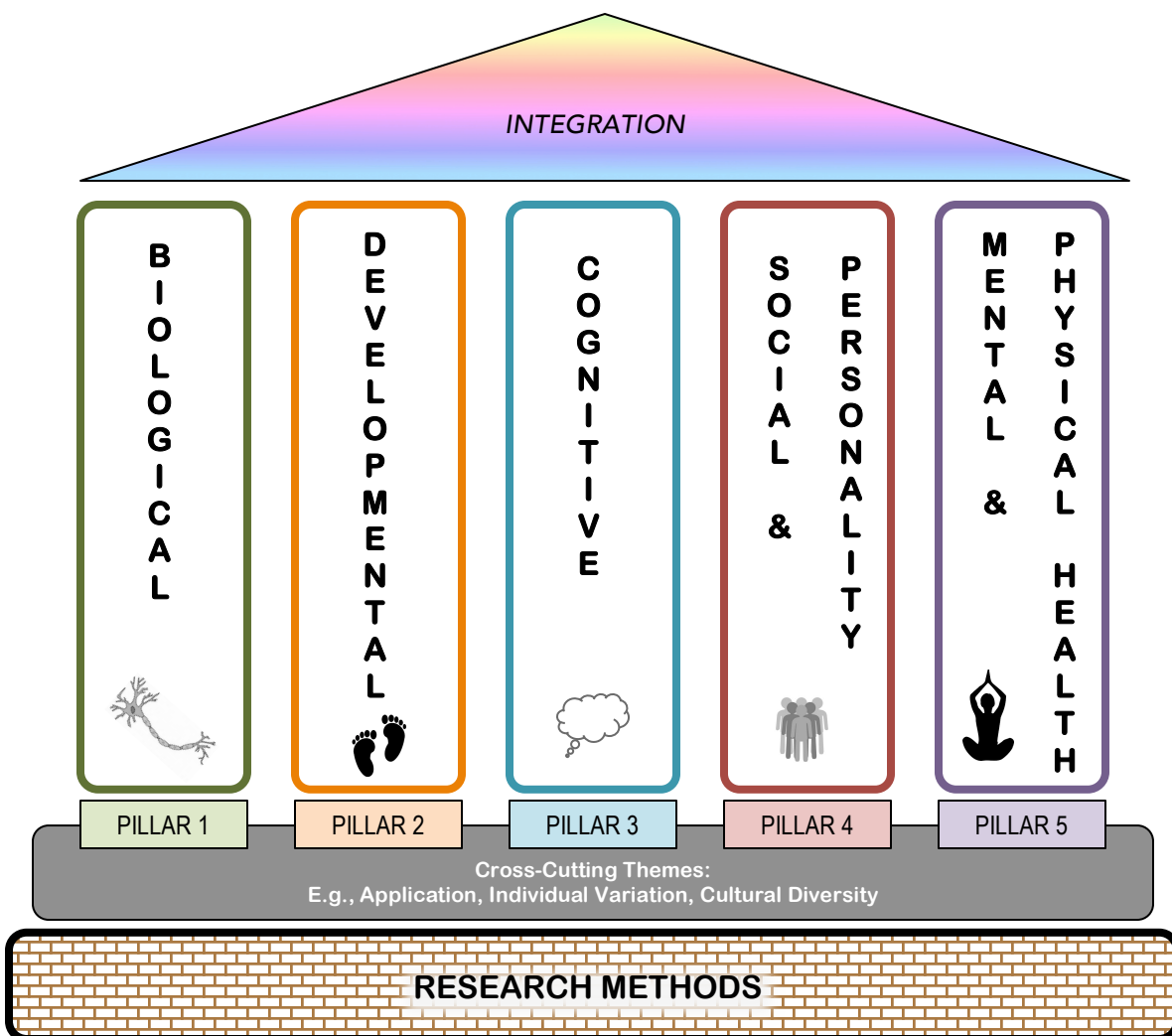
About your TAs: The PSY100 TAs are all graduate students in the Department of Psychology. Some are Masters students, while others are just shy of obtaining their PhDs. During the first week of class, they will all be invited to tell you a little bit about the research that they do.

## Table of Contents

Course & Instructor Information .....	1
Course Description .....	3
Learning Outcomes .....	4
Lectures .....	4
Student Support	
Email communication .....	5
Office Hours .....	6
Peer Support .....	6
Additional Instructor/TA support.....	7
Course Materials .....	8
Assessment	
Homework/Quizzes .....	9
Tests/Exam .....	10
Experiment Participation .....	10
Notes regarding course marks .....	11
Class Schedule	
Lecture topics & readings .....	12
Homework & quiz schedule .....	13
Course Policies .....	14
Additional Resources .....	16
FAQs .....	17
Syllabus Cheat Sheet .....	20

## Course Description

The purpose of this course is (somewhat obviously!) to provide you with an overview of the field of psychology. The figure below (adapted from Gurung et al., 2016) provides a visual representation of how this will be accomplished. **Research methods and scientific reasoning form the foundation of the discipline**, and this is where we will begin – what does it mean to say that psychology is a science, and why is this important? We will then move through each of **the five main pillars (or domains) of the discipline: biological, developmental, cognitive, social/personality, and mental/physical health**. While the specific topics that we cover will vary greatly from pillar to pillar, we will also see how each domain relies on the same underlying scientific principles and research methods to answer questions about the mind and behaviour. Within each pillar we will also highlight certain **cross-cutting themes**. Specifically, we will address the following questions within each pillar: (1) How does this content apply to everyday life? (2) How much do individuals vary in regards to the content being studied? And (3) what are some of the important cultural or social variations that should be noted in regards to the content being studied? Finally, we will end the course with a discussion of emotion that will serve as a model for how the integration of knowledge across each of these pillars is necessary for a complete understanding of human behaviour.



## Learning Outcomes

Upon completion of this course, I am confident and hopeful that you will be able to:

- Use basic psychological terminology, concepts, and theories in psychology to explain behaviour and mental processes.
- Identify principle methods and types of questions that emerge in specific content domains.
- Describe examples of relevant and practical applications of psychological principles to everyday life.
- Use psychology concepts to explain personal experiences and recognize the potential for flaws in behavioural explanations based on simplistic, personal theories.
- Describe research methods used by psychologists including their respective advantages and disadvantages.
- Discuss the value of experimental design in justifying cause-effect relationships.
- Define and explain the purpose of key research concepts that characterize psychological research (e.g., hypothesis, operational definition).
- Describe how individual and sociocultural differences can influence the applicability/generalizability of research findings.
- Describe what is meant by integration and describe why it is important to the understanding of human behaviour.

(Sources: APA Guidelines for the Undergraduate Psychology Major (Version 2.0); Jhangiani & Hardin, 2015; Gurung et al, 2016)

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## Lectures

### **Class Meets: Tuesdays 11am-12pm & Thursdays 11-1pm in Convocation Hall (CH)**

- Please make sure that a few seats are kept available in the front row for anyone with vision/hearing/mobility/learning/etc. challenges who may require them.
- We will take one 10-minute break (at approximately 12pm) during the Thursday lecture. Get up and move during this time, even if it's just to stretch.
- PowerPoint slides for each week will be posted to Blackboard by Monday so that you may use them to aid in note-taking. Audio-recordings of the lectures will be linked to Blackboard at the end of each week.
- All students are welcome in this course. If you are ever made to feel unwelcome, either by myself or your classmates, please let me know.
- I am typically available to answer questions during breaks in class or after class, though we may need to move into the hallway in order to respect the incoming class.

## Student Support

### *Email Communication: Who do I contact about... ?*

#### **Most Things**

All general inquiries about the course, including questions about **course content and policies, class absences, homework questions, upcoming tests, missed tests, etc.**, must be sent to: [psy100@psych.utoronto.ca](mailto:psy100@psych.utoronto.ca).

- You will typically receive a response from a course TA within 2 business days. Please note that responses may be delayed during particularly busy times (e.g., midterms). Because of this, you are strongly encouraged to make sure that your question has not already been answered elsewhere (e.g., in this syllabus, on Blackboard, on a course discussion board).

#### **Experiment Credit or PSYNUP-related things**

All questions relating to the PSYNUP system and participation in experiments (including questions about missed or cancelled experiments, missing credits, trouble signing into the PSYNUP system, etc.) must be sent to: [psy100pool@psych.utoronto.ca](mailto:psy100pool@psych.utoronto.ca)

- You will typically receive a response from Hannah within 24 hours (excluding weekends and holidays).

#### **Top Hat Account or Textbook-related things**

Most questions that are related to using top hat and accessing the textbook, including problems with setting up your account, joining the course, technical difficulties, using the app, processing your payment, getting a paperback version of the textbook, etc., should be directed to the support team people at top hat (who are located just down the street from us). You can contact them at [support@tophat.com](mailto:support@tophat.com) or by calling 1-888-663-5491

#### **Personal/Private/Special Circumstances things**

You may email me directly at [waggonerdenton@psych.utoronto.ca](mailto:waggonerdenton@psych.utoronto.ca) if you would like to set-up an appointment outside of regular office hours, if you have a personal/private matter you would like to discuss, or for any other issue where you would like to contact me directly. Please include “PSY100” in the subject line of your email so that it is easy for me to identify. (Please note that any emails I receive that should instead be sent to the general course account will be forwarded accordingly so that you may receive a timely response from the course TAs – it is not that I don’t care about your email, but I can’t possibly respond to all course-related requests, as I’m sure you understand).

## ***Instructor & TA Office Hours***

### **Instructor Office Hours**

Unless otherwise noted, my office hour schedule is as follows:

- **In-Person Office Hours (ES 2146): Mon/Wed/Fri 9:30-10:30am**  
\*these are drop-in office hours and there is no need to make an appointment
- **Online Office Hours (Blackboard): Thurs 8:30-9:30pm** (during test weeks, online office hours will switch to Wednesday evening)  
\*use the link on Blackboard to connect to the online chat session

### **TA Office Hours**

Unless otherwise noted, weekly TA office hours will be held:

- **Tuesdays from 1-2pm in SS5016F (5<sup>th</sup> floor, Sid Smith)**
- OR email [psy100@psych.utoronto.ca](mailto:psy100@psych.utoronto.ca) to make an alternative appointment

## ***Peer Support: Connecting with your classmates***

### **Recognized Study Groups**

I encourage everyone to strongly consider joining or leading a study group. The Faculty of Arts and Science has a Recognized Study Groups program that can help you facilitate this (particularly useful if you don't know anyone else in the class!). If you become a study group leader, you can also receive co-curricular credit. To learn more about the program and join or start a study group visit: <http://www.studygroups.artsci.utoronto.ca/> (Side-note: I am *more than happy* to have visits from study groups during any of my office hours, I just can't promise that there will be seats for everyone!)

### **Piazza Discussion Board**

You are encouraged to ask AND answer questions about course content on the Piazza discussion board (<https://piazza.com/utoronto.ca/fall2017/psy100h1l0101/home> or follow the link on Blackboard). The TAs and course instructor will also monitor this board and provide answers when needed. The system is highly catered to getting you help fast and efficiently from classmates, the TAs, and myself. Rather than emailing questions to the teaching staff, I encourage you to post your questions on Piazza. However, please note that use of this online forum is *completely optional* and no essential course information (announcements, etc.) will ever be posted here – it is simply a place for asking (or answering) questions (or reading through what your classmates have asked and answered). **NOTE:** Be sure to read Piazza's Privacy Policy and Terms of Use carefully. Take time to understand and be comfortable with what they say. They provide for substantial sharing and disclosure of your personal information held by Piazza, which affects your privacy. If you decide to participate in Piazza, only provide content that you are comfortable sharing under the terms of the Privacy Policy and Terms of Use.

### **PeerWise (for creating & sharing practice questions)**

Creating your own multiple choice practice questions can be a very effective way of learning the course material and preparing for tests. PeerWise is a website that enables you to easily share questions that you (or perhaps your study group) have created for the course, so that everyone in the class can pool their questions and benefit from the additional practice! The PeerWise Course ID for our class is: **15666**. You will also need to know your **student number** to register (this prevents students who are not in our class from entering the course).

Website: <https://peerwise.cs.auckland.ac.nz/home/>

## ***Additional TA & Instructor Support***

### **Chapter-Specific Tutorials**

The PSY100 TAs will periodically hold tutorials where they review material from the textbook that is not covered during lecture. These tutorials are completely optional and information about the dates/times/location of the tutorials (as well as the specific material to be covered) will be posted to Blackboard as it becomes available. Approximately 5 tutorials will be held throughout the semester.

### **Pre-Test Question & Answer Sessions**

Before every term test, the PSY100 TAs will host drop-in Q&A sessions, where you can come and ask them questions that are relevant to the material on the upcoming test. You can also attend and just listen to the questions and answers. Information regarding the dates/times/locations of these pre-test Q&A sessions will be posted to Blackboard as it becomes available. Typically two sessions will be held prior to each test.

### **Exam Jam Review Session**

“Exam Jam” is a event that is run by the Faculty of Arts and Science and the Arts and Science Student Union. It is held during the study break before final exams (at this time, the specific date for December 2017 has not been announced). During this event, I will hold a review session for the PSY100 exam. The time and location of this review session will be announced in class, posted on Blackboard, and advertised on the Exam Jam website: [http://www.artsci.utoronto.ca/current/exam\\_jam](http://www.artsci.utoronto.ca/current/exam_jam)

## Course Materials

I am very happy to report that the cost for all required materials in this class has been limited to **\$50**. With that said, if your current financial situation will prevent you from being able to purchase the required materials, *please* send me an email (to my personal account). I am dedicated to ensuring that no one is placed at a disadvantage in this course due to financial difficulties.

### Required Materials

- **Top Hat Subscription (one-semester, \$24):** 978-0-9866151-0-8
  - **Note:** If you already have an active top hat subscription, there is no need to re-purchase. A single subscription is good for any number of courses taken at the same time.
- **Introduction to Psychology: A Top Hat Interactive Text (\$26):** 978-1-77330-095-5
  - You will have life-time access to this textbook. And this textbook is *great*. I am very excited to be using it this year! I am confident that you are going to enjoy it and learn a lot from it. It is well-written, informative, engaging, and designed in such a way that it forces you to stay on task and make sure that you are understanding the content as you move through each chapter. For example, instead of searching YouTube for a video you hope will help make a concept ‘click’, this has already been done for you - helpful videos are *embedded* right within the textbook itself. Reading comprehension questions are also embedded throughout each chapter, so that you can test yourself and receive immediate feedback before moving on (you also get participation points for doing this – see “Homework” below)

**Course  
Join Code:  
528681**

### How to Purchase

If your email account listed on ACORN is an official utoronto, you will likely have received an **email invitation** to the top hat course, in which case you can follow the instructions from the email. If you did not receive this email, don’t worry about it – just go to: <https://app.tophat.com/e/528681> (our Course Join Code is **528681**)

- You can also purchase pre-paid cards (for both the subscription and the interactive text) at the **University of Toronto Bookstore** (while not as convenient, this is useful if you need receipts for your course materials!).

### Other Things:

- If you would like to receive a printed version of the textbook (which won’t have any of the interactive components, for obvious reasons), please let me know. Top Hat will provide you with a black and white print out of the text at no extra charge.
- A paperback copy of the text will also be available at **Robarts Library** (see the **Course Reserves desk on the 4<sup>th</sup> floor**). You may view the textbook within the library for up to three hours at a time. This may be helpful if you are not sure about your enrolment status (e.g., wait list) and you want to wait to purchase your course materials.

## Assessment

### Weekly(ish) Homework/Quizzes

*These questions are based on the READING and must be accessed via Top Hat*  
Top Hat Course Join Code: 528681

#### **Embedded Chapter (or “Reading”) Questions – 3%**

As you read through each chapter in the text, you will find there are questions embedded throughout. These questions are meant to check your understanding and make sure that you are actually paying attention to what you just read. Use these questions to test yourself – DO NOT scroll back up to look for the answer in the text. Why? Because (1) whether you answer the question correctly or incorrectly has no impact on your mark – all that matters is that you tried. (2) By actively searching your brain (not the text) for the answer, you are engaging in retrieval practice which can help you learn the material (yes, even if you end up retrieving the wrong thing, because you will be given feedback!).

Mark breakdown: There are 14 chapters. You must complete ALL of the embedded homework questions in 12 of the chapters to receive the full 3%. Each chapter is worth .25% of your overall grade, so if you miss 5 chapters in total, you will be forgoing 1% of your overall grade (i.e., 1 missed chapter doesn't matter; the other 4 missed chapters add up to 1%). If you complete only a fraction of the embedded questions for a chapter, you will earn that fraction of the .25% for that chapter (e.g., if you complete half of the questions, you will earn .125% instead of the full .25% for that chapter).

**Deadline is always 11:59pm on a FRIDAY**

#### **End of Chapter Quizzes – 3%**

For every chapter of the textbook, there will be an accompanying end-of-chapter quiz. These questions are meant to provide you with additional low-stakes retrieval practice in order to improve your learning. For these questions, correctness matters (i.e., you do not get a point for an incorrect answer, just like on a term test). You are never penalized (subtracted marks) for incorrect answers, so always take a guess (this goes for both quizzes and term tests).

Mark breakdown: There are 14 chapters. You must complete the end-of-chapter quizzes for 12 of the chapters to possibly receive the full 3%. How much of that 3% you earn will depend on your scores on the quizzes (e.g., if your average quiz score is 75%, you will earn 2.25% of the possible 3%).

**Deadline is always 11:59pm on a MONDAY**

*THE FULL SCHEDULE OF DEADLINES FOR READING QUESTIONS/QUIZZES CAN BE FOUND IN THE 'COURSE SCHEDULE' SECTION BELOW*

## Tests & Exams

### Term Test 1 – 28%

Will consist of 60 multiple choice questions. Covers all lecture and textbook material from September 7 – October 10. Practice questions will be provided. Questions will test your knowledge of course concepts and material, as well as your ability to apply this knowledge to novel situations and examples. You will have 1 hour and 45 minutes to complete the test. Please note that it is held during our regular class time (and thus, it takes priority over any conflicts you may have). Test locations will be posted on Blackboard.

**Test date: Thursday, October 12<sup>th</sup>**

### Term Test 2 – 28%

Will consist of 60 multiple choice questions. Covers all lecture and textbook material from October 17 – November 14. Practice questions will be provided. Questions will test your knowledge of course concepts and material, as well as your ability to apply this knowledge to novel situations and examples. You will have 1 hour and 45 minutes to complete the test. Please note that it is held during our regular class time (and thus, it takes priority over any conflicts you may have). Test locations will be posted on Blackboard.

**Test date: Thursday, November 16<sup>th</sup>**

### Final Exam – 34%

This is a **cumulative**, three-hour exam to be held during the December exam period which spans from Dec 9<sup>th</sup> – Dec 20<sup>th</sup>. The exam schedule will be posted sometime in October, indicating the time/date/location of the PSY100 exam. Please note that final exams are conducted by the Faculty of Arts and Science and that if you have a conflict (e.g., two exams scheduled at the same time), this must be resolved through them (see <http://www.artsci.utoronto.ca/current/exams/conflicts>). Please do NOT make any travel plans that may possibly conflict with your final exam! The exam will consist of 90 multiple choice questions and practice questions will be provided. More information regarding the final exam will be provided near the end of the semester.

**Final Exam Date: TBD**

## Experiment Participation (4%)

This involves hands-on participation in psychological research currently being conducted by faculty members on the St. George campus. Through this process you will visit labs in the psychology department (located in Sidney Smith Hall) and learn about projects that are currently being conducted by these investigators. Detailed information regarding experimental participation and instructions for using the online sign-up system (known as PSYNUP) are available on Blackboard, and will be reviewed in class on **Thursday, September 14<sup>th</sup>**. Please remember that all questions regarding experimental participation and use of the PSYNup system MUST be sent to Hannah at [psy100pool@psych.utoronto.ca](mailto:psy100pool@psych.utoronto.ca). The course instructor and TAs are unable to help with issues regarding the experimental credit system.

**Tentative window for experiment participation: September 18<sup>th</sup> – December 7<sup>th</sup>**







**Notes Regarding Course Marks:**

- The last day to drop the course (with no record of it on your transcript) and the date to add or remove CR/NCR option is Monday, November 6<sup>th</sup>
- Marks for term tests will be posted to Blackboard as soon it is possible to do so (typically within one week of the test date).
- An ongoing tally of your marks for reading homework/quizzes will be available via Top Hat, though please note that the weighting for these items will be adjusted at the END of the semester, according to the marking scheme/breakdown posted above (i.e., missing or lowest marks will be dropped in the final calculation of your homework or quiz grade). Your final homework (/3) and quiz marks (/3) will be posted to Blackboard at the end of the semester.
- Likewise, an ongoing tally of your experiment participation credits (and/or no shows) will be available via PSYNUP. Your final experiment participation mark (/4) will be posted to Blackboard at the end of the semester.
- Marks for the final exam will be available on Blackboard after final course marks have been approved. Final marks for the course (or CR/NCR indication) will be available on ACORN.

PLEASE NOTE THAT ALL COURSE MARKS ARE TENTATIVE UNTIL APPROVED BY DEPARTMENT CHAIR AND DEAN'S OFFICE, AND RECORDED IN THE OFFICE OF THE FACULTY REGISTRAR.

## Class Schedule

*Although I will do my best to adhere to this schedule, the lecture topics are subject to change and sometimes material from one class will roll over into the next class.*

Date	Lecture Topic	Assigned Chapters (with embedded homework Qs)
Thurs Sept 7	History & Overview of Psychology	Ch. 1 What is Psychology?
Tues Sept 12	The Scientific Method	Ch. 2 Methods 
Thurs Sept 14	Research Methods <i>*PSYNUP presentation</i>	
Tues Sept 19	Intro to Neuroscience	Ch. 3 Biology & Neuroscience 
Thurs Sept 21	The Brain & Behaviour	
Tues Sept 26	Sensation	Ch. 5 Sensation & Perception
Thurs Sept 28	Perception <i>*Special guest presentation</i>	
Tues Oct 3	Consciousness	Ch. 6 States of Consciousness
Thurs Oct 5	Attachment	Ch. 4 Development 
Tues Oct 10	Social & Cognitive Development	
<b>Thurs Oct 12 (11:10am – 12:55pm)</b>	<b>TEST 1</b> (test locations will be posted on Blackboard according to last name)	All lecture and reading material from Sept 7 - Oct 10
Tues Oct 17	Classical Conditioning	Ch. 7 Learning
Thurs Oct 19	Operant Conditioning <i>*Special guest presentation</i>	
Tues Oct 24	Memory	Ch. 8 Memory 
Thurs Oct 26	Memory Cont'd.	
Tues Oct 31	Language & Thinking	Ch. 9 Language & Thought
Thurs Nov 2	Intelligence & Rationality	Ch. 10 Intelligence
Nov 7 & 9	<i>No Class – Fall Reading Week</i>	
Tues Nov 14	Catch Up/Review	No new reading/homework
<b>Thurs Nov 16 (11:10am – 12:55pm)</b>	<b>TEST 2</b> (test locations will be posted on Blackboard according to last name)	All lecture and reading material from Oct 17- Nov 14
Tues Nov 21	Personality	Ch. 12 Personality
Thurs Nov 23	Social Psychology	Ch. 13 Social Psychology 
Tues Nov 28	Mood and Anxiety Disorders	Ch. 14 Psychological Disorders & Ch. 15 Therapy 
Thurs Nov 30	Other Psychological Disorders & Treatment	
Tues Dec 5	Putting it all together: Understanding Emotion	No new reading/homework
Exam Period	<b>Final Exam – 3 hours</b>	Cumulative exam

### Homework Questions/Quizzes Schedule

Note: Deadlines are firm\* and always set at 11:59PM. Please do not wait until the last minute to complete your coursework (what if your Internet goes out or your laptop decides to self-destruct??). As soon as a deadline has passed, these questions *and their answers* become available for everyone to review – because of this, there is no way to go back and respond to questions once the deadline has passed.

Assigned Chapter(s)	Embedded Chapter (“Reading”) Questions Deadline	End of Chapter Quiz Deadline
<b>Ch. 1:</b> What is Psychology? & <b>Ch. 2:</b> Methods	Friday, Sept 15 <sup>th</sup>	Monday, Sept 18 <sup>th</sup>
<b>Ch. 3:</b> Biology & Neuroscience	Friday, Sept 22 <sup>nd</sup>	Monday, Sept 25 <sup>th</sup>
<b>Ch. 5:</b> Sensation & Perception	Friday, Sept 29 <sup>th</sup>	Monday, Oct 2 <sup>nd</sup>
<b>Ch. 6:</b> States of Consciousness & <b>Ch. 4:</b> Development	Friday, Oct 6 <sup>th</sup>	Monday, Oct 9 <sup>th</sup>
<b>Ch. 7:</b> Learning	Friday, Oct 20 <sup>th</sup>	Monday, Oct 23 <sup>rd</sup>
<b>Ch. 8:</b> Memory	Friday, Oct 27 <sup>th</sup>	Monday, Oct 30 <sup>th</sup>
<b>Ch. 9:</b> Language & Thought & <b>Ch. 10:</b> Intelligence	Friday, Nov 10 <sup>th</sup>	Monday, Nov 13 <sup>th</sup>
<b>Ch. 12:</b> Personality & <b>Ch. 13:</b> Social Psychology	Friday, Nov 24 <sup>th</sup>	Monday, Nov 27 <sup>th</sup>
<b>Ch. 14:</b> Psychological Disorders & <b>Ch.15:</b> Therapy	Friday, Dec 1 <sup>st</sup>	Monday, Dec 4 <sup>th</sup>

\*The ONLY exceptions made to this will be for religious/cultural observances and accessibility-related accommodations requests. In both of these cases, you must email me at my personal account ([waggonerdenton@psych.utoronto.ca](mailto:waggonerdenton@psych.utoronto.ca)) *at least* 3 days (and preferably one week) BEFORE the deadline to inform me of your need for accommodation. If you are registered with Accessibility Services and have an accommodations letter that allows for extensions on assignments, you must email me a copy of your letter *before* the first deadline that you wish to have extended. In the case of ongoing accommodations, you will be added to an *alternative* Top Hat Introductory Psych course where you will be given an extension on all deadlines. You must email me in order to be given permission and the access code for this course. Please make sure that you contact me about this in a timely manner - I am more than happy to make appropriate accommodations for any student who needs them, but I cannot help you if I am unaware that you need my help!

## Course Policies

### Academic Integrity and Plagiarism

Academic integrity is essential to the pursuit of learning and scholarship in a university, and to ensuring that a degree from the University of Toronto is a strong signal of each student's individual academic achievement. As a result, the University treats cases of cheating and plagiarism very seriously. The University of Toronto's Code of Behaviour on Academic Matters ([www.governingcouncil.utoronto.ca/policies/behaveac.htm](http://www.governingcouncil.utoronto.ca/policies/behaveac.htm)) outlines the behaviours that constitute academic dishonesty and the processes for addressing academic offences.

All suspected cases of academic dishonesty will be investigated following procedures outlined in the Code of Behaviour on Academic Matters. If you have questions or concerns about what constitutes appropriate academic behaviour or appropriate research and citation methods, you are expected to seek out additional information on academic integrity from your instructor or from other institutional resources (see [www.utoronto.ca/academicintegrity/resourcesforstudents.html](http://www.utoronto.ca/academicintegrity/resourcesforstudents.html)).

### Missed Term Tests

*(\*\*Please note that if you miss the final exam, we cannot help you – you will need to file a petition for a deferred exam with your College Registrar's Office.)*

You are expected to make every possible effort to complete the scheduled tests and arrive on time. **Failure to take a scheduled test may result in a zero on the test.**

### What do you need to do to avoid getting a zero?

- If you miss a test for a legitimate medical reason, you will need to submit the appropriate medical documentation **within one week of the missed test**. The [Verification of Illness & Injury form](#) is now the *only* acceptable medical documentation at U of T and must be used for all students who are requesting special academic consideration based on illness or injury. The form may be scanned and emailed to the PSY100 email account, or you may submit a hardcopy to me (either in class or during office hours), or to the Psychology Department Main Office on the 4<sup>th</sup> floor of Sidney Smith. Medical documentation must show that the physician was consulted **within one day of the missed term test**. If you have missed the test for a reason *other than illness*, an official email from your **College Registrar's office** or **Accessibility Services** may also be considered acceptable documentation.

### What happens after you submit the documentation?

- If you miss one term test due to a legitimate absence, your other term test and the final exam will be reweighted (at 40% and 50%, respectively) to make up for the missing test (i.e., that missing 28% of your grade). A missing grade in Blackboard (“-“) means that your documentation has been accepted and your grade will be reweighted. You do not need to do anything else. If a “0” appears as your mark

for the missed test, this means that either we never received your documentation or that it was unacceptable for some reason. Please feel free to contact us in this case. **If you miss BOTH term tests for documented reasons, you will need to take a make-up test.** In this rare case, please send an email to either [psy100@psych.utoronto.ca](mailto:psy100@psych.utoronto.ca) OR [waggonerdenton@psych.utoronto.ca](mailto:waggonerdenton@psych.utoronto.ca) by **Friday, November 24<sup>th</sup>** to inform us that you will need to write the make-up test.

### **Reviewing Your Tests**

The tests and exams for PSY100 are restricted, meaning that you will *not* be able to keep your test or answer papers. You are strongly encouraged, however, to review your test, in order to see which questions you got correct, and more importantly, which questions tripped you up. **Test review sessions will be held after the grades have been posted for each test.** Please check Blackboard and listen in class for announcements about when and where to review your tests. If you cannot make any of the scheduled test review sessions, you may send an email to [psy100@psych.utoronto.ca](mailto:psy100@psych.utoronto.ca) to make alternative arrangements.

### **Classroom Behaviour**

Please be respectful of your classmates, myself, and any classroom guests by behaving in an appropriate manner during class. This includes refraining from carrying on conversations during class, arriving on time, and not behaving in any other way that may be distracting to those around you (e.g., texting, taking photos, playing games, checking social media, etc.). If you don't want to pay attention to the lecture, that's your choice. But impeding someone else's learning experience is absolutely unacceptable.

## Additional Resources

### Accessibility Services <http://www.studentlife.utoronto.ca/as>

Students with diverse learning styles and needs are welcome in this course. In particular, if you have a disability/health consideration that may require accommodations, please let me know. Accommodation letters may be sent to [psy100@psych.utoronto.ca](mailto:psy100@psych.utoronto.ca) or to my personal account.

\*Please note: If you require accommodations for tests/exams, it is YOUR responsibility to register and make arrangements through Accessibility Services. Please see their website for information and important dates. Information regarding term test dates and times for PSY100 can be found in the course schedule above.

### English Language Learners (ELL) Program

<http://www.artsci.utoronto.ca/current/advising/ell>

ELL offers a range of programs/workshops/resources to assist all Arts & Science students who wish improve their English language skills (including reading, listening, speaking, and writing). Please see their website for more information about these resources.

### Additional Student Life Resources <http://www.studentlife.utoronto.ca/>

In addition to Accessibility Services, there are many other programs, services, and resources that are available to U of T students to help with every aspect of “Student Life” This includes family resources, academic support, extracurricular activities, and more. Resources of particular interest may include:

- Health & Wellness: <http://www.studentlife.utoronto.ca/hwc>
- Academic Success: <http://www.studentlife.utoronto.ca/asc>

### Psychology-Specific Resources

For advice and information on the undergraduate psychology programs offered at U of T, please visit the department website:

<http://home.psych.utoronto.ca/undergraduate/programs.htm>

- All inquiries about taking PSY courses beyond PSY100 or gaining admission into a PSY program of study can be sent to **Nora Sellers** at [sellers@psych.utoronto.ca](mailto:sellers@psych.utoronto.ca)

For information regarding the **Psychology Students’ Association (PSA)** please see:

<http://psa.psych.utoronto.ca/>

### Effective Study Strategies

As will be discussed in class, please see the document in Blackboard (under “Course Materials”) titled “Six Strategies” for information on **six evidence-based ways of learning** the course material – (1) Spaced Practice, (2) Retrieval Practice, (3) Elaboration, (4) Interleaving, (5) Concrete Examples, and (6) Dual Coding.

## Frequently Asked Questions (FAQs)

### **Lectures**

#### **Q. Do I have to attend the lectures?**

A. No, attendance is not mandatory and will not be taken during lectures. Any top hat (or other form of) participation that occurs during class is completely optional and not associated with any marks. While I do believe there are many benefits to attending the lectures, everyone is encouraged to make the decision that is best for them. However, please note that there will be a number of questions on every test that come directly from lecture and not the textbook. Any videos, guest speakers, demonstrations, etc., that occur during class time are potentially testable material, and there is no guarantee that this information will be available elsewhere. If you choose to miss a class, you do so at your own risk.

#### **Q. Can I record the lectures?**

A. Yes, students may create audio-recordings of the lectures for their personal use. Please note that students agree to the following terms when creating audio recordings of lectures:

- Recordings are not to be distributed without the permission of the instructor via the Internet, using social media such as Facebook, peer-to-peer file sharing such as One Drive or Dropbox, or other distribution channels.
- Recordings are not to be shared with other classmates unless they are to be used in collaborative assignments, or if the instructor permits for other reasons.

Non-compliance with these terms violates an instructor's intellectual property rights and the Canadian Copyright Act. Students violating this agreement will be subject to disciplinary actions under the Code of Student Conduct. Recordings are intended to permit lecture content review so as to enhance understanding of the topics presented. Audio-recordings are not substitutes for attending class. Students should note that since audio recordings are to be permitted, their voice may be recorded by others during the class. Please speak to the instructor if this is a concern for you. In accordance with the Accessibility for Ontarians with Disabilities Act, 2005, persons who have special needs will be accommodated.

### **Term Tests**

#### **Q. Where do I write my test?**

A. Test locations will be posted to Blackboard approximately one week before the test date. They will be listed according to your last name (e.g., "Last names A – Gu: EX188"). So if your last name is Fitzgerald, for example, you would write your test in room EX188. Full addresses of each test location will also be provided. You can find information on any U of T campus building here: <http://map.utoronto.ca/c/buildings>

#### **Q. Do we have to know names and dates?**

A. You will never be asked to recall a specific date/year on a test (I will generally not ask you something that you could google an answer to in less than 10 seconds). For the most part, names will also not be directly tested, but there are some exceptions to this. The general rule of thumb is, if I talk about this individual during lecture, you should

probably know their name. For example, the individuals that I mention during the historical overview of psychology (e.g., Wilhelm Wundt, William James, etc.) are people that you should be familiar with (i.e., you should be able to match this person to their significant contribution to the field or to the name of the approach or theory they are known for, etc.). You do NOT have to know names of people that are simply provided in parentheses (this goes for both the text and lecture).

**Q. I worked really hard - I did all the readings and homework questions, I took copious notes, I came to every lecture and reviewed my notes frequently - but I didn't do well on the test. What am I doing wrong?**

A. Cases like this are difficult - first, because I understand how frustrating and disappointing it can be to find yourself in a situation like this, and second, because there isn't always a clear answer or solution that I am able to provide. It can be very difficult for me to diagnose exactly what is going on. However, my general advice is as follows: The first thing you should do is go and review your test. Figure out exactly what questions you got correct/incorrect, and *try to determine if there are any patterns*. For example, perhaps there was one particular chapter that you thought you understood (and therefore brushed through it while studying), but it turned out didn't understand it properly or to the appropriate level of depth that you should have. Or you might discover that you were reading through the questions on the test too quickly and didn't take the time to fully understand what each question was asking. Sometimes a particular type of multiple choice question might turn out to be particularly challenging for you (e.g., filling in multiple blanks, or identifying a true/false statement). Other times you might discover that you simply got really unlucky and every time you narrowed an answer down to two choices and picked one, you picked wrong. The point is, such things can often go unnoticed if you don't take the time to (1) go through your test and (2) reflect on the results. But you once you're able to determine the cause(s) of your incorrect responses, you can then work on addressing the problem for future tests/exams. For example, you can take extra time when studying for the final exam to review that particular chapter from test 1 that gave you trouble. Or you can work with your study group to create extra multiple choice practice questions in that particular format that you really don't like, so that you're more practiced and prepared when the next test rolls around. And of course you can always come and speak with me if you are having trouble either diagnosing or solving your test-taking problem. While I can't promise a foolproof solution, I promise to listen and offer advice where I can.

**Q. How do I review my test(s)?**

A. After each term test, the PSY100 TAs will hold special test review sessions where you can go and view your test alongside an answer key. Please attend these sessions if at all possible. If you cannot make the review sessions (e.g., because you have another class at that time), then you can email the TAs ([psy100@psych.utoronto.ca](mailto:psy100@psych.utoronto.ca)) to arrange an alternative viewing time. Additional review sessions for both term tests will also be held at the end of the semester, before the final exam. Information about all test review sessions will be posted on Blackboard. Please note that you MUST have your T-card in order to view your test, and that no pencils/erasers/notes/phones/cameras are allowed during the review sessions, in order to maintain the integrity of the review session.

**Q. These tests are graded by a machine, why do we have to wait so long for our marks?**

A. I hear you. But please understand that many of your classmates will be taking the test with accessibility/exam services, and that it can take a few days for these tests to make their way to the Psychology Department. Depending on the time of the semester, many other courses may also be conducting midterms that involve scantrons, so this can cause further delays. Once the tests are scanned and I am sent the results, I then personally review the data that I am provided for every individual question, so that I can ensure each question was marked correctly and that it was a fair question. Depending on these results, I may then need to make adjustments (e.g., turning a question into a bonus question). Finally, before uploading the marks, I do a quick check to try to catch mis-entered student numbers (e.g., if a student number is missing digits, I will look up the student and fix the number so that their mark gets uploaded correctly). Each of these things takes time, and I promise that we are not just being lazy or forgetful if it takes up to a week for you to get your test results. With that said, if you find yourself in a situation where *your classmates have received their marks* but you do not see one for yourself (and you wrote the test), please email us as soon as possible at [psy100@psych.utoronto.ca](mailto:psy100@psych.utoronto.ca) so that we can track down your mark (in 99% of cases, this is because you bubbled in your student number incorrectly on your scantron!).

**Q. I missed the first term test (or the second term test, or I didn't do as well on a test as I could have because I wasn't feeling well had some other situational circumstance affect my performance) - can I write a make-up test?**

A. Unfortunately, no. Due to the size of the course and the nature of the class, there is only one make-up test offered, and this is taken at the very end of the semester. This test is **ONLY** for those individuals who have missed BOTH term tests and who have submitted acceptable documentation for both of these absences. Please refer to the course policies section above. Please note that while the rules surrounding the taking of the make-up test are firm, in very exceptional circumstances, sometimes other things can be done to help you recover from a very poor mark. These exceptional circumstances generally require supporting documentation from your College Registrar or other individual (e.g., counselor) who is aware of your unique situation – please have them contact me in this case.

**Q. Can I do something for extra-credit or to make up for missed reading questions or quizzes?**

A. Again, the answer is no. There is only one opportunity for extra credit in this course, which involves completing the PSYNUP questionnaire at the beginning of the semester (this earns you a bonus 1% that will be added to your final mark at the very end of the semester). There are no other opportunities for extra-credit or to earn additional marks in this course.

## PSY100H1F: IMPORTANT DATES/INFO

(This is your one-page syllabus 'cheat sheet')

**Lectures are Tuesdays (11am-12pm) & Thursdays (11am-1pm) in Con Hall**

First day of class is THURSDAY, SEPTEMBER 7<sup>th</sup>

Slides and audio-recordings will be available on Blackboard

**Most** email should be sent to [psy100@psych.utoronto.ca](mailto:psy100@psych.utoronto.ca)

Questions about **experiment participation or the PSYNUP system** must be sent to [psy100pool@psych.utoronto.ca](mailto:psy100pool@psych.utoronto.ca).

**Your professor is Dr. Ashley Waggoner Denton.** Her office is **ES 2146**.

**Her office hours are MWF 9:30-10:30am** (or online on Thursdays, from 8:30-9:30pm)

You are encouraged to form study groups! Study groups are always welcome at the instructor or TA office hours.

**PSY100 TAs have office hours on Tuesdays from 1-2pm in SS 5016F.**

The textbook, homework questions, and end-of-chapter quizzes for this course are all found on **Top Hat**. Our course join code is **528681**. Embedded reading (homework) questions are always due by 11:59pm on a Friday. End of chapter quizzes are always due by 11:59pm on a Monday.

If you encounter any difficulties using Top Hat or creating an account, etc., please email [support@tophat.com](mailto:support@tophat.com).

All tests/exams are multiple choice.

**Term Test 1 is THURSDAY OCTOBER 12<sup>th</sup> from 11am-1pm**

**Term Test 2 is THURSDAY NOVEMBER 16<sup>th</sup> from 11am-1pm**

The FINAL EXAM will be held sometime during the December exam period.

These tests are held during our regular class time, thus they TAKE PRIORITY over any other scheduling conflicts you might have. Do not schedule flights/make travel plans for December until you know when your exams are (schedule will be posted sometime in October).

**REVIEW your tests.** Dates/times/location of test review sessions will be posted after each term test and before the final exam.

DO NOT study by simply reviewing/re-reading your notes or the textbook.

**DO study by actively retrieving information from your memory** (e.g., by answering practice questions, using flashcards, etc.).

DO NOT study in a day-before-the-test cram session. **DO study in spaced out intervals.**

Fall Reading Week (no class) is November 6-10<sup>th</sup>. Nov 6<sup>th</sup> is the last day to DROP the course or change CR/NCR option.

*I will see you in class! - AWD*